

ASHFORD AC
COACHES UPDATE March 2011

URGENT:Shot putt landing area at Julie Rose Stadium Out of use One of the shot putt landing areas is being graded off and re seeded. **This will take up to 10 weeks** before the area is usable again. In the mean time please use the shot putt circle over the other side for training. Under **no circumstances** must anyone train on the circle being treated. If you would like more information then please call Sarah Snare-Duty Manager JRS.

AGM

Annual General Meeting of Ashford Athletic Club will be held on Monday 11 April 2011. The meeting will take place at the Julie Rose Stadium, Ashford at 7.30p.m. Any item for inclusion on the Agenda should be received by Dave Fox in writing, by no later than Monday 28 March 2011. Nominations for the various Club Officers posts should be received by Dave Fox in writing, by no later than Monday 4 April 2011.

Club Development Projects.

Athletics 365 Shepway phase two is up and running. For more details ask Pat Hanyas

AAC Throws Development Project year two. There will be more school based activities and we hope to develop closer links with local schools. Project is supported by the Kent Athletics Network and organised in association with the England Athletics Coach Development Programme. Schools in Ashford/Folkestone area have been invited to participate in scheme, which will take place between May and July. For more details ask Dave Fox.

Club Promotion activities

AAC is being promoted free of charge on www.loveagreatoffer.co.uk This web site links to special **offers**, deals, promotions offered by dealerships, restaurants, hair salons, health clubs and shopping centres in Ashford. There is a banner promoting our free induction session.

Kent Athletics Network (KAN)-KAN is a local partnership of clubs and other sporting bodies who have secured funding to employ a part-time co-ordinator (Mark Dayson) and fund club and coach development projects. For example the AAC throws project and Athletics 365 activities are funded via KAN.

Photos of AAC athletes. Brian Cumming our press officer will be attending training nights over the next few weeks to get up to date photos of AAC athletes.

Supermarket Vouchers for new equipment. Please hand your vouchers to the membership desk on either Tuesday or Thursday training nights

Coach Development Opportunities

Kent Coach and Athlete Development workshop Saturday March 26th Julie Rose Stadium

10am to 1pm Observation of coaching sessions all events group

1.30pm to 3.30pm Winter/Summer Transition training/planning phases workshops.

Kent Sport courses for coaches- Kent Sport Leisure & Olympics organises courses on a range of topics.

See www.kentsport.org/news_sport_ed_oct10.cfm for details. AAC Exec has agreed to reimburse the cost of the course only (not travel). Therefore book yourself a place and after you have attended please bring in a copy of the receipt to be refunded. Please let me know if you are going to attend.

Exec Updates-February and March 2011

Transport. Our Coach operator for 2011 is Eckfords Travel (www.eckfordstravel.co.uk)

Cross Country Awards- these took place on 8th March with over 50 athletes and parents attending.

Photofinish update. Training has been provided for various officials and Meeting Manager software purchased and loaded on to lap top.

New Gazebo. This will be purchase for cross country teams to use. Project is being co-ordinated by a the parent of an athlete.

National Sportshall Finals and English Schools Cross Country Champs. Several AAC members have been selected for these national finals and have been awarded some financial support to towards the costs involved.

Regular ALT/AAC meetings have taken place. ALT now have a 3 year operating licence and as a result are preparing to spend money replacing damaged equipment. Main items are hurdles and a training high jump bed and cover. Also agreed to purchase new distance marker boxes and new steeplechase top rails. Repairs to stadium and maintenance items are underway. An action plan was shown to the club which includes the items recently raised by AAC.

AAC win £50 in prize draw for sports questionnaire completed by Hon. Sec for AAC

AAC Membership Lists- updated

Run in England beginners group associated with Ashford AC. This has been put on hold due to changes involving England Athletics.

Finance-end of year accounts are being prepared

Health and Safety Equipment Reminder.

Please note that all coaches and athletes do have a responsibility with regard to equipment. Any piece of equipment found to be defective should be taken out of use immediately and reported either to JRS staff (if JRS equipment) or to either myself or Dave Fox if it is AAC owned equipment.

Spring/Summer 2011 coaching programme

This will start at the beginning of April. Details to follow.

League Fixtures and Team Managers 2011

The **fixture list** is complete. Copies are available from the admin desk and details put up on the web site.

Team Managers 2011

Kent Young Athletes League- Fiona Sime

UK Young Athletes League- Tina Tappenden and Lorna Marsh

National Junior League Mary Holmes (women) and John Chambers (Men)

Southern Athletics League - Lucy Holmes (women) Pete Le Rossignol (Men)

Kent Veterans league - Paul Wheeler

We still need an additional manager to join Fiona for the Kent Young Athletes League. Tina and Lorna have requested someone to assist them with managing the UK Young Athletes League. Please ask around.

Best Wishes

Stella