

**Ashford AC Coaches Update
Special Edition September 2010**

Over the last couple of days I have been sent lots of information about coach development opportunities and sources of funding hence this special edition.

Stella

Kent Coach & Official Scholarship Scheme - Deadline: 30th September 2010

Please find attached details of the Coach and Officials Scholarship Scheme from Kent Sport, Leisure & Olympics. This application must be directed through Mark Dayson (Kent Athletics Network Co-ordinator) who can nominate 3 individuals. Please send back the completed forms back to Mark you are interested or alternatively call him for any questions you may have. Mark Dayson Tel: 07794711181 Email: markdayson@mdp-physio.co.uk

Last year John Bancroft was awarded one of the scholarships so he could attend a high jump coaching conference in Sweden.

Sport:ed Courses and Workshops

This programme is run by Kent Sport, Leisure & Olympics and offers all local coaches the opportunity to develop and expand their knowledge and skills, through workshops and programmes which are relevant to all local coaches. Details of the latest courses can be found here. http://www.kentsport.org/coach_ed_dev.cfm

If any of you would like to attend these courses then **AAC will reimburse the cost of the course only** (not travel). Therefore book yourself a place and after you have attended please bring in a copy of the receipt to be refunded. Please let me know if you are going to attend.

High Jump Coaching clinics

A series of high jump clinics will be led by coach John Bancroft at Erith Leisure Centre as part of the Kent London Athletics Network will be starting on Monday September 13th 2010. Both coaches and athletes are welcome. This activity is aimed at:

- Coaches who currently deliver high jump.
- Coaches who would like to move their interest in high jump forward, to include new and prospective coaches.
- Athletes who actually high jump as a prime activity, and also those who do high jump as one of a number of events they in which they participate-age group immaterial.

The first session will start at 7.15pm at Erith Leisure Centre. The group will move outside to the high jump fan after an initial introduction and discussion. Each session will last for a maximum of 1 1/2 hours. Sessions will be held on a monthly basis.

If you would like to attend please email john.blackie@365athleticsacademy.com by Friday 10th September to book your place.

John is UKA Level 3 High Jump Coach and has been coaching for about 16 years. Although mainly a High Jump Coach he has coached all jumps events, throws and hurdles. He has coached many athletes to County, National and International standard and is currently Kent Coach for High Jump and a member of the National High Jump Coach Development Programme.

Further information on the series of high jump clinics can be found on the Kent London Athletics Network at www.kentlondonathletics.org.uk.